

**STUDENT GUIDE**

**CYBERSECURITY AWARENESS**

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## ***Course Overview***

This is a scenario-based course in which you will learn about various cyber attacks used to target cleared defense contractors. An overarching scenario is threaded throughout the course to provide a context for more detailed scenarios that are specific to each attack type.

The most common cyber attacks leverage the following:

- Phishing
- Malicious code
- Weak and default passwords
- Unpatched or outdated software vulnerability
- Removable media

Throughout the course, each scenario will end with a question to help you assess your understanding of these attack types. Your responses will not be judged in any way; in fact, all responses will provide an opportunity for you to broaden your knowledge of the subject matter.

## ***Course Introduction***

### **The Internet and The World**

The Internet has changed the world immeasurably. It is woven into our economy, our national security, and our lives. Nothing has ever changed the world faster. But the advantages and capabilities that come with the Internet come with a cost.

Not long ago, it was science fiction to imagine worst-case scenarios where hackers and others who seek to do us harm disable critical infrastructure, infiltrate defense systems, steal proprietary information, and extort millions of dollars from industry. But now, these threats are no longer outside the realm of possibility. Our intellectual property, innovative skills, and military technology are at risk. The threat is real and it is here. *You* are the first line of defense.

### **Setting the Stage**

Each year, network intrusions aimed at our government and defense industries increase and become more sophisticated. The DoD Information Networks (DoDIN) are probed *millions* of times each day. Imagine how many times less secure networks are targeted. Individually, many of these attacks go largely unnoticed, but the cumulative effect and the damage done are staggering. Some estimate the magnitude of data theft that has already occurred is equivalent to the size of a digitized Library of Congress. That translates to billions and billions of dollars, not to mention the immeasurable strategic loss.

Who is attacking us and how are they doing it? Let's take a look by examining some examples of cyber attacks. Follow along as we examine how common cyber attacks – those that may target *you* – result in the loss of U.S. defense-related information and technology. As we examine these cases, you will meet people that both knowingly and unknowingly played a part in these events. You will also meet three advisors who will give you insight into how you can protect yourself and your organization.

You will meet a security officer, a counterintelligence (CI), cyber analyst, and you will meet a key member of an adversary organization.

These people will come to you at different times and will provide different insights. You will also have access to examples of what hackers and other adversaries gain from successful cyber attacks. In addition, you will have a library of resources available to you at all times.

Time is critical. You need to understand how you may be targeted so that you may help stop these attacks. We won't take more than a half hour of your time, though you may want to spend additional time viewing the library.

You already have messages from your advisors. Review them below.

### ***Security Officer***

If you work for a defense contractor, your facility has a **Facility Security Officer (FSO)**. If you work for the DoD, you may have a **Security Officer** or other security point of contact, such as a Security Specialist.

Regardless of the title, these individuals are responsible for security at their facilities and for ensuring that security regulations and policies are followed.

### ***Counterintelligence (CI) Cyber Analyst***

CI analysts support various intelligence and counterintelligence activities that handle cyber threats. They rely on *you* to be their eyes and ears within your organization.

### ***Adversary***

The term "**adversary**" is used throughout this course to represent the adversary that the SO and CI analyst are trying to protect you from. Adversaries may include:

- Foreign intelligence entities
- Terrorist organizations
- Organized crime
- Business competitors
- Cyber criminals
- Hackers

## ***Phishing***

### **Timeline Introduction**

Cyber attacks are the fastest-growing method of operation for our adversaries. You won't likely find many Americans who haven't already been a target of some form of cyber attack. We'll take a look at a handful of events that are much like the millions of cyber attacks that occur every day. Taken individually, many of these attacks go largely unnoticed. However, you never know which attack will be the one that provides an adversary with the key piece of information they're seeking – the final piece that invites disaster in.

This course presents you with a timeline that outlines various cyber attacks. Some of these attacks include case files that you will examine to learn more about cyber attacks.

<b>Date</b>	<b>Event</b>
August	List of targets obtained via social networking sites
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October	Foreign Intelligence Entity (FIE) infiltrates DoD network
<b>November</b>	<b>Case File: Phishing</b>
December	Virus corrupts CDC network data
<b>January</b>	<b>Case File: Malicious Code</b>
February	Hackers target critical infrastructure and bring down power grid
<b>March</b>	<b>Case File: Passwords</b>
April	Hacker steals proprietary information from CDC and sells it to foreign company
<b>May</b>	<b>Case File: Software Vulnerabilities</b> <b>Case File: Ransomware</b>
June	CDC cyber attack clean up estimated at \$1B
July	Foreign group sabotages surveillance satellite imagery and software
<b>August</b>	<b>Case File: Removable Media</b>

### **Cyber Threat: Phishing**

#### ***November Case File: Targeted through Email***

A cleared defense contractor was awarded a large government contract.

Immediately following the contract award, employees received an email from who appeared to be their IT department, asking personnel to provide their system passwords. Believing

the email was a legitimate request from the IT department, many employees provided the information.

As it turns out, the email was not from the IT department. It wasn't from within the contractor's facility at all. The email was sent by a foreign group disguising or "spoofing" their identity, looking for a way into the contractor's network. By providing the requested information, the employees have allowed the foreign group access to their system.

The foreign group is now able to move within the contractor's network, stealing proprietary information that allows them to build a competing product. Over the next few years, the impact to the defense contractor is millions of dollars in lost revenue. The national security implications of having such technology in foreign hands are grave.

Take a look at what the adversary collected from the CDC's network. When you're satisfied with your review of this file, you may move on to the knowledge check and feedback.

<b>Adversary File: Information collected from CDC network</b>
Information obtained: <ul style="list-style-type: none"><li>• Employee user names/passwords</li><li>• Access to CDC network</li></ul>
CDC data lost: <ul style="list-style-type: none"><li>• Personnel information</li><li>• DoD program information</li><li>• Sensor component manufacturers</li><li>• Sensor technology specifications and schematics</li></ul>

## Scenario Question

To: Employees

From: IT Department

*Subject: Project Alpha Ramp Up*

Dear employees,

Project Alpha requires its data to be stored separately on a secure server. To expedite the process, the IT department is adding all users. Please provide your user name and password: [www.projectalpha@123.com](http://www.projectalpha@123.com)

If you received an email asking for personal information, how would you respond?

*Select your response; then review the feedback that follows.*

- a. If the email is from within my organization, there's no harm in providing the information. I'd provide the requested information.
- b. I'm not sure why my user name and password would be required. I'd notify my security point of contact or help desk.
- c. I don't care who is requesting my password, I would never provide it. I'd delete the e-mail.

## Scenario Question Feedback

This type of email is known as *phishing* - a scam that places you and your organization at risk. For you personally, phishing may result in identity theft and financial loss. For your organization, phishing jeopardizes the security of information and information systems.

Choice B: That's right. This email may be a phishing attempt. Report the abuse by contacting your security point of contact or help desk. is an appropriate response to receiving an email asking for personal information. When you receive suspicious email, you should notify your security point of contact or help desk.

Choice A: You must be careful, that is a very dangerous choice! If you receive any suspicious e-mail, do not open it. Report the abuse by contacting your security point of contact or help desk.

Choice C: If you delete the email, your IT department will not be able to track its origination. Rather than deleting the email, you should report the abuse by contacting your security point of contact or help desk. They will determine the appropriate action.

Take a moment to review indicators of phishing and when you are ready, review Countermeasures to learn how to protect against phishing.

<b>Cyber Attack: Phishing</b>
A scam that puts your personal information and your organization's information at risk.
<b>Technique</b>
<ul style="list-style-type: none"> <li>• A high-tech scam that uses e-mail to deceive you into disclosing personal information</li> <li>• Spear Phishing: A type of targeted phishing that appears to be directed <i>towards</i> a specific individual or group of individuals and <i>from</i> a specific organization, such as your employer or bank</li> </ul>
<b>Indicators</b>
<p>The following are suspicious indicators related to phishing and spear phishing:</p> <ul style="list-style-type: none"> <li>• Uses e-mail</li> <li>• May include bad grammar, misspellings, and/or generic greetings</li> <li>• May include maliciously-crafted attachments with varying file extension or links to a malicious website</li> <li>• May appear to be from a position of authority or legitimate company:             <ul style="list-style-type: none"> <li>○ Your employer</li> <li>○ Bank or credit card company</li> <li>○ Online payment provider</li> <li>○ Government organization</li> </ul> </li> <li>• Asks you to update or validate information or click on a link</li> <li>• Threatens dire consequences or promises reward</li> </ul>

- Appears to direct you to a web site that looks real

Spear phishing specifically:

- Has a high level of targeting sophistication and appears to come from an associate, client, or acquaintance
- May be contextually relevant to your job
- May appear to originate from someone in your email address book
- May contain graphics that make the email look legitimate

Effects include, but are not limited to:

- Deceiving you into disclosing information
- Allowing adversary to gain access to your and/or your organization's information

*NOTE: If you suspect you may have been a target of phishing, report it to your Facility Security Officer (FSO) or security point of contact.*

### Countermeasures

The following countermeasures can be taken to guard against phishing and spear phishing:

- Watch out for phishing and spear phishing
- Report suspicious e-mails
- Contact your system security point of contact with any questions
- Report any potential incidents
- Look for digital signatures
- Configure Intrusion Detection Systems (IDS) to block malicious domains / IP addresses
- Ensure antivirus software and definitions are up to date
- Verify sender's email address by hovering over URL
- Implement Multi-Factor Authentication when possible (something you have, something you know, something you are) to minimize unauthorized access

#### Do Not:

- Open suspicious e-mails
- Click on suspicious links or attachments in e-mails
- Call phone telephone numbers provided in suspicious e-mails
- Disclose any information

## Cyber Threats and Their Targets

### Who are adversaries?

Adversaries are anyone that seeks to do you and your organization harm – they may include insiders from your own organization, hackers, cyber criminals, terrorists, members of organized crime, or foreign intelligence entities.

### What do adversaries target?

The short answer is that they target *anything* that may be of value. Their targets aren't limited to classified information. No piece of information is too small; adversaries often obtain unclassified data and when they're able to collect enough of it, they can piece it together and learn things—even classified things—that may do you, your organization, and our country harm. Review the table below to learn about the types of information and technology adversaries may target.

### Targeted Technology and Information

The Threat

- Insiders
- Hackers

- Cyber Criminals
- Terrorists
- Organized Crime
- Foreign Intelligence Entities

#### The Target

- Sensitive company documents and proprietary information
- Export controlled/classified information and technology
- Information on DoD-funded contracts
- Sensitive technological specification documents
- Users' login IDs and passwords
- Personal Identifying Information (SSN, date of birth, address)
- Contact rosters and phone directories
- Weaknesses in unpatched or outdated software

### What do adversaries do with the information they collect?

Once the information is in the adversaries' hands, there's no end to what they may do with it. Sometimes they use it to simply see what you are up to. Sometimes they use it to help their countries or others build a similar program. There are endless examples of foreign countries saving millions of dollars —sometimes *billions* of dollars — taking advantage of the research and development we've spent *years* building. In an instant, our Nation's strategic and competitive edge can be *gone*.

Review the table below to learn the most targeted technologies in recent years.

#### Most Targeted Technologies

- Information systems
- Aeronautics, including technology related to unmanned aerial vehicles (UAVs)
- Lasers and optics
- Sensors
- Marine systems
- Positioning, navigation, and time
- Electronics
- Armaments and energetic materials
- Materials and processing
- Wireless / Bluetooth
- Healthcare / Telehealth
- Educational / Instructional

*NOTE: To view the most up-to-date information on targeted technology and information, refer to the Targeting U.S. Technologies: A Trend Analysis of Defense Reporting from Industry report. This report is accessed within the Counterintelligence section of the DSS website at [www.dss.mil](http://www.dss.mil).*

## **Malicious Code**

### **Cyber Threat: Malicious Code**

#### **Timeline Update**

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<b>March</b>	<b>Case File: Passwords</b>
April	Hacker steals proprietary information from CDC and sells it to foreign company
<b>May</b>	<b>Case File: Software Vulnerabilities</b> <b>Case File: Ransomware</b>
June	CDC cyber attack clean up estimated at \$1B
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Have you ever dealt with malicious code on your computer? Likely you have, though you may not even be aware of it. Let's take a look at a case involving malicious code.

Scenario: A DoD employee often frequented social networking sites and online forums.

On one forum, he saw a link to an article related to the project he was working on. Curious to learn more, he clicked on it.

That link contained malicious code, planted on the online forum by a foreign group. When the DoD employee selected the link, it automatically downloaded the code onto the DoD's network.

The code then allowed the adversary's organization to view the information on the system at great cost to the security of U.S. war fighters overseas.

Take a look at what the adversary collected from the CDC's network. When you're satisfied with your review of this file, you may move on to the knowledge check and feedback.

**Adversary File: Information collected from R. Solias****Information obtained:**

- CDC network access
- DoD program details
- Names and contact information of CDC and DoD personnel
- Corruption of network data
- Loss of weapons program schematics
- Surveillance system compromised

## Scenario Question

www.socialnetworkingsite1.com

New Technology forum:

*JBrown posted:* I just read a really interesting article, check it out –  
[Emerging sensor technology: Next big thing](#)

Selecting the link downloaded malicious code. Would you have selected the link? *Select your response; then review the feedback that follows.*

- a. Definitely, my organization has strong anti-virus software. I'd open the link.
- b. No; I wouldn't open a link from an unknown forum poster.
- c. It depends. If I was on a reputable site, I'd have no problem opening it.

## Scenario Question Feedback

Malicious code includes any program which is deliberately created to cause an unexpected and unwanted event on an information system. Using malicious code, adversaries can steal information, sabotage systems, or even take over systems. Can you imagine the consequences of a weapons system under an adversary's control?

Choice B is an appropriate response; you should not select links posted by individuals you do not know and trust.

Choices A and C are risky responses. Opening a link from an unknown poster can open your computer up to malicious code. Once malicious code is downloaded, it allows adversaries to see what you're working on. Adversaries place links in all sorts of places and have been known to compromise even the most reputable sources, hoping you'll open the links. Anti-virus software may not detect the malicious code activated by selecting a link.

Take a moment to review indicators of malicious code and when you are ready, review Countermeasures to learn how to protect against it.

<b>Cyber Attack: Malicious Code</b>
Software that does damage and/or creates unwanted behaviors
<b>Technique</b>
Embeds malicious code into links which, once selected, download the malicious code to the user's computer and network. Malicious code includes: <ul style="list-style-type: none"> <li>• Viruses</li> <li>• Trojan horses</li> <li>• Worms</li> <li>• Keyloggers</li> <li>• Spyware</li> <li>• Rootkits</li> <li>• Backdoors</li> </ul>
<b>Indicators</b>
The following are suspicious indicators related to malicious code; malicious code may be distributed via: <ul style="list-style-type: none"> <li>• E-mail attachments</li> <li>• Downloading files</li> <li>• Visiting an infected website</li> <li>• Removable media</li> </ul> Effects include, but are not limited to:

- |  |
|--|
| <ul style="list-style-type: none"><li>• Corrupt files and destroyed or modified information</li><li>• Compromise and loss of information</li><li>• Hacker access and sabotaged systems</li></ul> |
|  |

Countermeasures
To guard against malicious code in email: <ul style="list-style-type: none"><li>• View e-mail messages in plain text</li><li>• Do not view e-mail using the preview pane</li><li>• Use caution when opening e-mail</li><li>• Scan all attachments</li><li>• Delete e-mail from senders you do not know</li><li>• Turn off automatic downloading</li></ul>
To guard against malicious code in websites: <ul style="list-style-type: none"><li>• Block malicious links / IP addresses</li><li>• Block all unnecessary ports at the Firewall and Host</li><li>• Disable unused protocols and services</li><li>• Stay current with all operating system service packs and software patches</li><li>• Install and maintain Antivirus software</li><li>• Back up data</li><li>• Install and enable firewall</li></ul>

*NOTE: If you suspect your information system has been compromised, report it to your FSO or security point of contact.*

## ***Anatomy of a Computer Intrusion***

### **Adversary Presentation**

Do you know how adversaries launch a cyber attack?

First, they research and identify targets through open source means such as social networking sites. With targets identified, adversaries look for a way into your organization's network.

**Reconnaissance:** Attackers research and identify targets through open source means

**Intrusion into the network:** Phishing emails containing malicious code sent to targets

Once they gain access to your network, adversaries can easily obtain user credentials and install backdoors and utilities that let them enter your system at will and take what they find.

**Obtain user credentials:** Attackers gain most access using valid user credentials

**Establish a backdoor:** Attackers install backdoors for future and continued exploitation

**Install multiple utilities:** Utility programs are installed on the victim's network

**Data exfiltration:** Attackers obtain data from the victim's servers

After accessing your system, adversaries can usually cover their tracks so their presence on the network goes unnoticed. Even if detected, they will use other means and try again.

**Maintaining persistence:** Attackers use other methods if they suspect detection

## ***Weak and Default Passwords***

### **Timeline Update**

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December	Virus corrupts CDC network data
<b>January</b>	<b>Malicious code infiltrates CDC network; proprietary information stolen</b>
February	Hackers target critical infrastructure; bring down power grid
<b>March</b>	<b>Case File: Weak and Default Passwords</b>
April	Hacker steals proprietary information from CDC; sells to foreign company
<b>May</b>	<b>Case File: Software Vulnerabilities</b> <b>Case File: Ransomware</b>
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Your password is critical to protecting you and your organization's information from an adversary. But passwords are not often taken seriously. In fact, many intrusions occur because people use weak, easy-to-remember passwords. Let's take a look at an example of how this may happen.

### **Cyber Threat: Weak or Default Passwords**

A weak or default password is short, easily guessed, and exploitable by hackers using an attack mechanism such as brute force or dictionary attack. These are common attacks targeting accounts with simple or easy to guess usernames and passwords. The sole goal of these types of attacks is to probe targeted accounts using skilled tactics with the goal to take over the account, access sensitive data, and potentially cause damage.

**March Scenario:** On the morning of April 13th, news broke that a renowned Government Agency received a disturbing report from its Command-and-Control center that sensitive organization data had been compromised.

The morning of the incident, several employees attempted to log into their workstations using default account and system issued passwords only to be presented with a message stating that access to their accounts had been restricted. The attack was devastating from a competitive and strategic advantage standpoint as it targeted employees with elevated rights to Agency resources with the goal to steal sensitive and proprietary information.

An investigation launched into the attack revealed a lack of Agency-wide strict password issuance and maintenance policy played a key role in the breach as users bypassed existing policy requirements and defaulted to reusing old passwords, dictionary words, and date of births without associated consequences. The investigation further revealed there was an existing Password Policy, but it was not officially signed by the Chief Information Officer, nor was it enforced Agency-wide. Additionally, there was no strict guidance in place to prevent authentication for any violators.

Take a look at what the adversary collected from the CDC's network. When you're satisfied with your review of this file, you may move on to the knowledge check and feedback.

<b>Adversary File: Information collected from adversary use of weak passwords</b>
<p><b>Information obtained:</b></p> <ul style="list-style-type: none"><li>• CDC personnel user names/passwords</li><li>• CDC network access</li><li>• CDC personnel SSNs and birthdates</li><li>• DoD program details</li><li>• Weapons technology specifications</li><li>• Weapons components and their manufacturers</li></ul>

## Scenario Question

What philosophy do you follow when creating passwords? *Select your response; then review the feedback that follows.*

- a. I use the same, very secure password for everything. It's 8 characters and includes lower and upper case letters, numbers, and special characters. There's no way a password cracker is getting my information.
- b. I change passwords frequently and always use a combination of numbers, letters, and special characters. I'm fairly confident my passwords are secure.
- c. I don't worry about my password; my organization's security is strong enough to defeat a hacker. I make sure to use something I can remember like a significant date or name.

## Scenario Question Feedback

There's really no excuse for a weak password – it's the easiest thing you can control.

You think passwords don't make a difference? Consider this: Readily available password cracking software running on an average computer can crack an 8-character, all lowercase letter password in seconds. Take that same password and increase the complexity of the password by adding upper and lower case letters, numbers, and special characters and the time to crack it increases exponentially. Passwords matter.

Choices A and C are risky responses. If one system is compromised, all systems are at risk. The security for the online forum you frequent is likely not as secure as your organization's virtual private network, or VPN. If you use the same password for both and a hacker compromises the online forum, your organization may also be at risk. Using birthdays or anniversaries and names significant to you put your information and your organization at risk.

Choice B is an appropriate response; you should use a combination of number, letters, and special characters when creating passwords and change your passwords frequently.

Take a moment to review indicators of weak and default passwords and when you are ready, review Countermeasures to learn how to protect against it.

<b>Cyber Attack: Weak and Default Passwords</b>
<ul style="list-style-type: none"> <li>• Create an easily exploitable system vulnerability</li> <li>• Is a vulnerability that is easily controllable by users</li> </ul>
<b>Technique</b>
Adversaries easily gain access to computer and network using legitimate login credentials
<b>Indicators</b>
<p>The following are indicators of weak passwords:</p> <ul style="list-style-type: none"> <li>• Common words found in a dictionary</li> <li>• Readily available information such as date of birth, cities, maiden names, etc.</li> <li>• Lack of password complexity such as including a combination of upper/lower case, special characters, numbers, etc.</li> </ul> <p>Effects include, but are not limited to, hackers:</p> <ul style="list-style-type: none"> <li>• Exploitation of password repetition use across multiple sites</li> <li>• Use of password software to crack less secure passwords</li> <li>• Access organization or personal sensitive data</li> </ul>

**Countermeasures**

The following countermeasures can be taken to guard against password compromise when creating a password:

- Develop, publish, and enforce password policy – a complex password should be at least eight characters or more with capital letters, special characters, and numbers
- Institute a robust password management program that performs routine checks on password complexity and forces users to change passwords on an agreed upon basis
- Enable single sign-on - users can access multiple services with single authentication
- Change default account and passwords on workstations and newly acquired manufacturer devices - force users to change default passwords prior to using. Conduct random penetration tests to verify
- Minimize password sharing accounts if possible. This ensures traceability is in place to track actions and document associated consequences for violators (e.g., account lockout, revocation, etc.)
- Make password complex to crack - do not use personal information, common phrases, or dictionary words
- Enforce account lockout for user accounts after a set number of login attempts is reached
- NEVER SHARE YOUR PASSWORD

*NOTE: If you suspect your password has been compromised, report it to your FSO or security point of contact.*

## Reporting Requirements

### Presentation

You are the first line of defense against cyber threats.

It is essential you report any incident or behavior that may be related to a potential compromise of classified information or inappropriate disclosure of sensitive unclassified information, including those listed here, to your facility security officer or security point of contact. He or she will direct your information to the appropriate authorities, who will assess it and determine if a concern exists. DoD personnel and cleared defense contractors are both required to report such information.

DoD Directive 5240.06, Counterintelligence Awareness and Reporting, outlines requirements DoD personnel must follow. 32 Code of Federal Regulation Part 117 NISPOM rule, outlines requirements contractors must follow.

Remember, cyber incident reporting is a critical component of any cybersecurity program. When in doubt, always coordinate with your security officer.

### DoD Requirements

DoD personnel are required to report foreign intelligence entity associated cyberspace contacts per DoD Directive 5240.06. Table 3 identifies specific reportable cyber incidents and refers to activities, indicators, and behaviors on both classified and unclassified systems.

Many attempts to gather classified information as well as attempts to gain access to classified information systems begin on unclassified networks. Through use of social engineering, deployment of malware, and/or the aggregation of information available on unclassified systems, adversaries are able to derive classified data and even the tools used to target classified information systems. Failure to report these items may result in punitive action.

Please refer to DoD Directive 5240.06, Table 3, for a description of reportable activities, behaviors, and indicators and information on associated penalties for failure to report.

<p><b>DoD Reportable Foreign Intelligence Entity (FIE)-Associated Cyberspace Contacts, Activities, Indicators, and Behaviors</b> (Source: DoDD 5240.06, May 17, 2011, Incorporating Change 1, May 30, 2013)</p>
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<p>DoD personnel who fail to report the contacts, activities, indicators, and behaviors in items 1-10 are subject to punitive action.</p>
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- |   |
|---|
| <ol style="list-style-type: none"> <li>1. Actual or attempted unauthorized access into U.S. automated information systems and unauthorized transmissions of classified or controlled unclassified information.</li> </ol> |
|---|

2. Password cracking, key logging, encryption, steganography, privilege escalation, and account masquerading.
3. Network spillage incidents or information compromise.
4. Use of DoD account credentials by unauthorized parties.
5. Tampering with or introducing unauthorized elements into information systems.
6. Unauthorized downloads or uploads of sensitive data.
7. Unauthorized use of Universal Serial Bus, removable media, or other transfer devices.
8. Downloading or installing non-approved computer applications.
9. Unauthorized network access.
10. Unauthorized e-mail traffic to foreign destinations.

The indicators in items 11-19 are reportable, but failure by DoD personnel to report these indicators may not alone serve as the basis for punitive action.

11. Denial of service attacks or suspicious network communications failures.
12. Excessive and abnormal intranet browsing, beyond the individual's duties and responsibilities, of internal file servers or other networked system contents.
13. Any credible anomaly, finding, observation, or indicator associated with other activity or behavior that may also be an indicator of terrorism or espionage.
14. Data exfiltrated to unauthorized domains.
15. Unexplained storage of encrypted data.
16. Unexplained user accounts.
17. Hacking or cracking activities.
18. Social engineering, electronic elicitation, e-mail spoofing or spear phishing.
19. Malicious codes or blended threats such as viruses, worms, trojans, logic bombs, malware, spyware, or browser hijackers, especially those used for clandestine data exfiltration.

**Note:** Many attempts to gather classified information as well as attempts to gain access to classified information systems begin on unclassified networks. Through use of social engineering, deployment of malware, and/or the aggregation of information available on unclassified systems, adversaries are able to derive classified data and even the tools used to target classified information systems.

### ***Contractor Requirements***

The Deputy Secretary of Defense Memorandum: Defense Industrial Base, or DIB, Cyber Incident Notification Process designated DoD's Cyber Crime Center, or DC3, as the focal point for receiving all initial DIB cyber incident reports.

The Defense Counterintelligence and Security Agency, or DCSA, also receives reports of cyber incidents related to cleared contractor classified systems operating under the National Industrial Security Program, or NISP.

According to the memorandum, DC3 and DCSA must share DIB cyber incident reports with relevant stakeholders and notify DoD senior leadership of certain DIB cyber incidents.

These include incidents involving significant loss of controlled unclassified information from a cleared defense contractor; significant loss of PII of civilian or service members; and detection of a new threat or emerging tactic, technique, or procedure, among other categories.

Covered Defense Information, or CDI, cyber incidents should be reported within 72 hours of discovery. Report confirmed CDI cyber incidents on cleared contractor classified systems and system components to the DCSA, and report confirmed CDI cyber breaches on unclassified contractor systems and system components to the DC3. Additionally, report to the appropriate defense criminal investigative organization immediately upon identification.

#### **Deputy Secretary of Defense Memorandum: Defense Industrial Base (DIB) Cyber Incident Notification Process**

Certain cyber intrusions into classified systems fall under the reporting requirement of NISPOM 1-301 and must be reported to the FBI, with a copy to DSS. Contractors must report activities that otherwise meet the threshold for reporting, including activities that may have occurred on its unclassified information systems.

Specifically, contractors must report cyber intrusions against classified information systems that indicate:

- Designated DoD's Cyber Crime Center (DC3) to receive initial DIB cyber incident reports
- Defense Counterintelligence and Security Agency (DCSA) also receives reports of cyber incidents related to cleared contractor classified systems and system components operating under the National Industrial Security Program (NISP).
- In accordance with Volume 1 of DoDM 5220.32 and 32 CFR Part 117.8(f) CDC Cyber Incident Reports. DC3 and DCSA must share DIB cyber incident reports with relevant stakeholders and notify DoD senior leadership of DIB cyber incidents that involve:
  - Significant loss of controlled unclassified information from a cleared defense contractor
  - Significant loss of PII of civilian or service members
  - Detection of a new threat or emerging tactic, technique, or procedure
- Covered Defense Information (CDI) cyber incidents should be reported within 72 hours to DCSA
- DC3 for cyber incidents related to cleared contractor unclassified systems and system components in accordance with DoDI 5205.13, Part 236 of Title 32, Code of Federal Regulations, and the May 6, 2019, Deputy SecDef Memorandum.

## ***Unpatched or Outdated Software Vulnerabilities***

### **Timeline Update**

<b>Date</b>	<b>Event</b>
August	List of targets obtained via social networking sites
September	Denial of Service (DoS) attack shuts down large CDC
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<b>January</b>	<b>Malicious code infiltrates CDC network; proprietary information stolen</b>
February	Hackers target critical infrastructure; bring down power grid
<b>March</b>	<b>CDC personnel passwords cracked; system infiltrated and data stolen</b>
April	Hacker steals proprietary information from CDC; sells to foreign company
<b>May</b>	<b>Case File: Unpatched or Outdated Software Vulnerabilities</b> <b>Case File: Ransomware</b>
June	CDC cyber attack clean up estimated at \$1B
July	Foreign group sabotages surveillance satellite imagery and software
<b>August</b>	<b>Case File: Removable Media</b>

We've seen examples of how adversaries use phishing, malicious code, and weak passwords to target our information and information systems. Let's look at the next file.

### **Cyber Threat: Unpatched or Outdated Software Vulnerabilities**

**May Scenario:** A cleared defense contractor's business was booming. After winning several large contracts, the company was busy hiring new employees to meet tight deadlines.

With everything going on, the contractor decided to delay upgrading key software. Network administrators were busy supporting and getting new employees up-to-speed, so temporarily set aside notices to apply software patches.

The cleared defense contractor's information system was targeted by a foreign group. The vulnerability created by the outdated, unpatched software allowed the group to access the contractor's network.

The foreign group was able to obtain volumes of information and data. The group sold several pieces of the information and used other pieces to advance related programs in its own country.

This loss had potentially devastating consequences for the cleared contractor, its employees, and the safety of U.S. war fighters.

Take a look at what the adversary collected from the CDC's network. When you're satisfied with your review of this file, you may move on to the knowledge check and feedback.

**Adversary File: Information collected from adversary infiltration as a result of unpatched/outdated software**

**Information obtained:**

- Identification of information system vulnerabilities
- Positioning and navigation technology and components
- Electronics
- Company personnel information, including Social Security numbers and birth dates

### Scenario Question

The defense contractor's information system was made vulnerable by outdated and unpatched software. How does your organization handle this? *Select your response; then review the feedback that follows.*

- a. System administrators are on top of it and we have a strict policy. I pay close attention to notices to upgrade and apply patches.
- b. We use what works; we're not necessarily concerned with upgrading to the latest and greatest thing.
- c. I have no idea; I'm busy enough as it is. I see notices about upgrades and patches, but I don't have time to worry about software versions or if my computer has every software patch installed.

## Scenario Question Feedback

Vulnerabilities created by outdated and unpatched software are very serious. These vulnerabilities essentially leave an open door for adversaries to enter and steal your data.

Choice A is an appropriate response. You should work with your organization's system administrators to ensure the latest upgrades and patches are applied.

Choices B and C are risky responses. While it may not seem like a necessity, ensuring the software on your network has the latest updates helps prevent network intrusion. A lax attitude toward software patches and updates basically invites adversaries into your organization's network.

There are several indicators that your system is compromised. Take a moment to review them and when you are ready, review Countermeasures to learn how to protect against this threat.

<b>Cyber Attack: Unpatched or Outdated Software Vulnerabilities</b>
Provide vulnerabilities and opportunities for adversaries to access information systems
<b>Technique</b>
<ul style="list-style-type: none"> <li>• Targets known software vulnerabilities to gain access to computer or network</li> </ul>
<b>Indicators</b>
<p>The following is a list of suspicious indicators related to unpatched and outdated software:</p> <ul style="list-style-type: none"> <li>• Unauthorized system access attempts</li> <li>• Unauthorized system access to or disclosure of information</li> <li>• Unauthorized data storage or transmission</li> <li>• Unauthorized hardware and software modifications</li> </ul> <p>Effects include, but are not limited to:</p> <ul style="list-style-type: none"> <li>• Corrupt files and destroyed or modified information</li> <li>• Hard drive erasure and loss of information</li> <li>• Hacker access and sabotaged systems</li> </ul>

**Countermeasures**

The following countermeasures can be taken to guard against software vulnerabilities:

- Comply with the measures in your organization's policies, including the Technology Control Plan (TCP)\*
- Stay current with patches and updates
- Conduct frequent computer audits
  - Ideally: Daily
  - At minimum: Weekly
- Do not rely on firewalls to protect against all attacks
- Report intrusion attempts
- Disconnect computer system temporarily in the event of a severe attack
- Maintain an inventory of authorized software

\*TCP:

- Stipulates how a company will control access to its export-controlled technology
- Outlines the specific information that has been authorized for release
- May be required by 32 CFR Part 117 (NISPOM rule) and the International Traffic in Arms Regulations (ITAR) under certain circumstances
- Protects:
  - Classified and export-controlled information
  - Control access by foreign visitors
  - Control access by employees who are foreign persons

## Ransomware

### Timeline Update

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April	Hacker steals proprietary information from CDC; sells to foreign company
<b>May</b>	<b>Software vulnerability compromises CDC network; foreign group obtains data</b>  <b>Case File: Ransomware</b>
June	CDC cyber attack clean up estimated at \$1B
July	Foreign group sabotages surveillance satellite imagery and software
<b>August</b>	<b>Case File: Removable Media</b>

We've seen examples of how adversaries use phishing, malicious code, weak passwords, and software vulnerabilities to target information and information systems.

### Cyber Threat: Ransomware Attack

**May Scenario (2):** A cleared defense contractor was working on a large defense initiative. Near mid-year, employees received an email message that appeared to be from their organization's Security Officer demanding immediate action.

Several of the employees clicked on the link in the email, expecting to see the form they needed to fill out, but instead, saw this: a screen with disturbing image of a skull and the message demanding payment to access their data.

While it's too late now, the email was not genuine, and the link was meant to cause harm by installing ransomware on the machine. All data on the machine is encrypted and will be lost unless they comply with the demands of the ransomware.

### Cyber Threat: Ransomware Methods

Ransomware attacks have become prevalent in recent years with sophisticated deployment models and modifications making it difficult to contain this evolving threat. Attackers have

mostly targeted educational institutions, government agencies, hospitals, and manufacturing supply chains; however, no one is immune from this sort of attack. In a ransomware attack, data is encrypted, preventing users from accessing their data and files until a ransom is paid. According to recent reports, an estimated \$144 million was paid out in bitcoin currency between 2013 and 2019 in association with ransomware attacks. Most ransomware attacks demand bitcoin as payment method because the hacker can hide their identity. Payment of the ransom does not guarantee regaining access to the encrypted file or data.

Attackers may infiltrate networks via spear phishing, spam, software vulnerability exploitation, remote desktop protocol exploitation, and more.

## Scenario Question

You have received the following email from an email address that appears to match your security officer. It is asking for you to log in to a site to ensure that the organization's security remains intact.

**From:** Security Officer  
**To:** All Employees  
**RE:** Urgent – Response Required

**Body:** Hello Employees,

We have identified a security threat to the organization. In order to ensure the organization remains secure, we require all employees to log in to this [secure site](#) with their standard username and password within the next 2 business days. Do your part to protect the organization! Please complete this action as soon as possible.

*-Your security officer*

Which option would you choose? *Select your response; then review the feedback that follows.*

- a. Click on link
- b. Report email
- c. Delete email

## Scenario Question Feedback

Ransomware is a serious and ever-growing threat to individuals, organizations, and Federal institutions.

Choice B is an appropriate response. You should report suspicious emails to your Security Officer.

Choice A: Clicking a link without ensuring you can trust the sender is a very dangerous choice. By clicking it, your data may be encrypted and cannot be accessed. You could be locked out of your computer and your sensitive data files would have been compromised.

Choice C: This is a dangerous choice. You may temporarily stop a ransomware attack, but security is still uninformed of the threat. This will leave your network and your colleagues open to more attacks.

There are several indicators that your system is compromised. Take a moment to review them and when you are ready, review Countermeasures to learn how to protect against this threat.

<b>Cyber Attack: Ransomware</b>
Data is encrypted, preventing users from accessing their data and files until a ransom is paid
<b>Technique</b>
<ul style="list-style-type: none"> <li>Attackers may infiltrate networks via spear phishing, spam, software vulnerability exploitation, remote desktop protocol exploitation, and more.</li> </ul>
<b>Indicators</b>
<p>The following is a list of suspicious indicators related to ransomware:</p> <ul style="list-style-type: none"> <li>Suspicious email</li> <li>Slow network performance</li> <li>Unusual file extension</li> <li>Reconnaissance activities</li> <li>Unauthorized access to active directory</li> </ul>

### Countermeasures

The following countermeasures can be taken to guard against ransomware:

- Keep your operating systems, software, and hardware patched and up to date.
- Automatically push updates to all machines within specified timeframes or as soon as published.
- Network segmentation: Setup network to limit or isolate such attacks when they occur.
  - Ideally: Daily
  - At minimum: Weekly
- Security training: Humans are the weakest links in any organization. Frequent training on good cyber practices:
  - How to report suspicious events/emails
  - How ransomware is spread
  - Importance of not clicking on links or visiting suspicious websites
- Disable external device ports on official/organization laptops – prevents employees from plugging in unauthorized USB, CDs, etc.
- Back up critical data on a frequent or agreed-upon basis and store at a separate location.
- Ensure you or your organization has a frequently tested Incident Response Plan.
- Develop a robust continuous monitoring strategy to ensure activities are monitored and appropriate action taken when suspicious incidents are detected.
- Invest in anti-ransomware technologies.

### ***Cybersecurity Tips***

You've received many of these tips already, but let's quickly review how you can protect yourself and your organization from cyber threats.

Employees should:

- Use complex alphanumeric passwords
- Change passwords regularly
- Do NOT open emails or attachments from unfamiliar sources, even if it looks official
- Do NOT install or connect any personal software or hardware to your organization's network or hardware without permission from your IT department
- Report all suspicious or unusual problems with your computer to your IT department

Managers and IT departments should:

- Implement defense-in-depth\*
- Implement technical defenses\*\*
- Update anti-virus software daily
- Regularly download vendor security patches for all software
- Change the manufacturer's default passwords on all software

- Monitor, log, and analyze successful and attempted intrusions to your systems and networks
- Establish and enforce security policies
- Develop training programs

\*Defense-in-depth is a layered defense strategy that includes technical, organizational, and operational controls.

\*\*Technical defenses include firewalls, intrusion detection systems, and internet content filtering.

## ***Removable Media***

### **Timeline Update**

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June	CDC cyber attack clean up estimated at \$1B
July	Foreign group sabotages surveillance satellite imagery and software
<b>August</b>	<b>Case File: Removable Media</b>

We've reached our last case file. Let's see what we learn from this one.

## Cyber Threat: Removable Media

**August Scenario:** Employees from a cleared defense contractor attended an industry conference.

While at the conference, vendors handed out free product samples, including thumb drives. Several employees took the free thumb drives.

Unknown to the cleared defense contractor, during the conference, a foreign group replaced the vendor's thumb drives with malicious ones. When the employees plugged their new thumb drives into their computers, malicious code was installed allowing the foreign group access to the employees' computers and the contractor's network.

The consequences to both the contractor and military were grave.

Take a look at what the adversary collected from the CDC's network. When you're satisfied with your review of this file, you may move on to the knowledge check and feedback.

<b>Adversary File: Information collected from infiltration through malicious code stored on removable media devices</b>
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<b>Information obtained:</b>
------------------------------

- |  |
|--|
| <ul style="list-style-type: none"><li>• CDC network access</li><li>• DoD program details</li><li>• Proprietary technology capabilities, limitations, and vulnerabilities</li></ul> |
|--|

### Scenario Question

The defense contractor was targeted via removable media. What is your organization's policy on thumb drives and other removable media? *Select your response; then review the feedback that follows.*

- a. We use removable media; it's convenient and is an efficient way of sharing and transferring information.
- b. Removable media is strictly prohibited.
- c. I'm not sure.

## Scenario Question Feedback

Removable media is an excellent way for adversaries to target government agencies. It's essentially a key that allows adversaries into your system. It is for this reason that the DoD has a policy prohibiting the use of removable media.

Choice B is an appropriate response. Your organization should strictly enforce the DoD policy prohibiting use of removable media.

Choices A and C are risky responses. While removable media may be convenient, its convenience does not outweigh the risk it poses. Your organization should have a policy that details the acceptable and prohibited use of removable media.

Take a moment to review indicators of infiltration through removable media and when you are ready, review Countermeasures to learn how to protect against it.

<b>Cyber Attack: Removable Media</b>
Any type of storage device that can be added to and removed from a computer while the system is running
<b>Technique</b>
Malicious code can be stored in removable media devices. Once the device is activated, the code initiates and infiltrates the user's computer and any network connected to the computer. Examples of removable media devices include: <ul style="list-style-type: none"> <li>• Thumb drives</li> <li>• Flash drives</li> <li>• CDs</li> <li>• DVDs</li> <li>• External hard drives</li> </ul>
<b>Indicators</b>
The following is a list of suspicious indicators related to removable media. Adversaries and hackers may: <ul style="list-style-type: none"> <li>• Leave removable media, such as thumb drives, at locations for personnel to pick up</li> <li>• Send removable media to personnel under the guise of a prize or free product trial</li> </ul> Effects include, but are not limited to: <ul style="list-style-type: none"> <li>• Corrupt files and destroyed or modified information</li> <li>• Hacker access and sabotaged systems</li> <li>• Infiltrated/compromised network</li> </ul>

**Countermeasures**

The following countermeasures can be taken to guard against removable media vulnerabilities.

**Contractors:** Follow your organization's removable media policy.

**DoD personnel:**

- Do not use flash media unless operationally necessary and government-owned
- Do not use any personally owned/non-government removable flash media on DoD systems
- Do not use government removable flash media on non-DoD/personal systems
- Encrypt all data stored on removable media
- Encrypt in accordance with the data's classification or sensitivity level
- Use only removable media approved by your organization
- Store in GSA approved storage containers at the appropriate level of classification
- Activate automatic scans when introduced to system
- Train users

The DoD severely restricts or prohibits the use of removable media. Consult your security point of contact (POC) for current policy.

## Conclusion

### Case File Review

The attacks we've just highlighted are all fictitious. These particular events never happened, though cyber attacks similar to those you've just seen happen every day.

Taken individually, these attacks can seem minor. But imagine the effect of the *millions* of attacks that occur every day. Imagine the amount of information our adversaries can collect because we are not as vigilant as we should be. Imagine how much information they can gather over time. Imagine what they can do with this information.

And imagine the impact to individuals, the companies they work for, and to the country as a whole. The potential impact on national security and our strategic military advantage cannot be overstated.

You can help prevent consequences like these by staying up to date on the kinds of cyber attacks you might encounter, and applying best practices to protect yourself and your network.

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June	CDC cyber attack clean up estimated at \$1B
July	Foreign group sabotages surveillance satellite imagery and software
<b>August</b>	<b>Foreign group accesses CDC network via corrupted thumb drives</b>

## Course Conclusion

You have just learned about some of the cyber threats that target DoD employees, cleared defense contractors, and people like you.

You need to be aware of these threats. You need to consider your facility, its technology and programs, and the information you know. How might *you* be a target?

If you are subject to a suspicious cyber incident, you *must* report it.

## ***Acknowledgement***

Sign the acknowledgement below indicating that you understand your obligation to report all suspicious cyber activities.

*I understand that I shall report all suspicious cyber activities and attempts to acquire U.S. export-controlled, restricted, or classified information and technology to my Facility Security Officer (FSO) or security point of contact.*

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*Student Signature*